## At Wellspring Home Health Center, you're cared for like family.

#### Choosing A Home Health Agency

Choosing a home care agency is a major decision. We understand the importance of personalized care, reliable caregivers, and a highly qualified, multi-disciplinary team of professionals that will "go the extra mile" to ensure the health and well-being of our patients. We care deeply about helping our patient's achieve the highest level of independence in their day-to-day activities, and are committed to working closely with your primary care physician, family members and our team of skilled caregivers, to coordinate the highest quality treatment and follow-up home care in Anchorage, Eagle River, Wasilla, Palmer and all of the Mat-Su Valley.



#### Safe and Reliable Care

Our compassionate team at Wellspring Home Health Center is ready to provide the support and services you need. We'll meet with you to assess your home care needs, and implement a comprehensive, personalized plan of care that is specific to the needs of the patient, the family and your home environment. Whether you're in need of short-term home care after surgery, or longer term support because of a chronic disease or disability, we'll make life easier.



# Safe, Quality Care From Reliable Professionals

Each one of our trained caregivers is carefully screened to ensure each patient's safety and security. We perform in-depth personal interviews, verify applicant's prior education, licensure, training and experience and conduct criminal background checks. Once on board, they receive ongoing training and assessments to insure the highest level of patient service in order to maximize the health, function and quality of life for our patients. We recognize the trust you place in us to provide exceptional care, and are proud of the level of skill, commitment, compassion and kindness exhibited by our team on a daily basis.







# & Personal Care Services

Bringing Freshness & Quality Care To Your Every Day Life

Serving Anchorage, Eagle River, Wasilla, Palmer, Fairbanks, & all of Mat-Su Valley

> Wellspring Home Health Center, LLC 201 E. Swanson Avenue, Suite 7 Wasilla, AK 99654

Office: (907) 357-3654/3655 Fax: (907) 357-3656 On-Call Registered Nurse: (907) 671-2925

www.wellspringhomehealth.com

#### **Our Mission**

Wellspring Home Health Agency's mission is to provide professional and paraprofessional services to clients in their homes assisting them achieve the highest level of potential in their day-to-day self care activities. We are committed to providing high quality, multidisciplinary care by professionals who recognize the need for comprehensive assessment of needs from both the client and professional's point of view.

### **Our Philosophy**

Our goals and services are based on two fundamental philosophical principles: the belief in the innate worth of the sick, aged and disabled individual and the belief that each individual, regardless of age, race, color, creed, gender, sexual orientation, national origin or handicap(s) is entitle to maximize his or her potential as a human being and as a member of society.



### **Experience You Can Trust**

Wellspring Home Health Center provides an unsurpassed level of service that doctors and families can trust. All of our caregivers are subjected to a rigorous reference verification, undergo a thorough health screening, as well as drug screenings and background checks. Once on board, they receive ongoing training and assessments to ensure the highest level of patient service so that they are able to maximize the health, function and quality of life for our patients. Our standards are very high. You can expect your care to be delivered by well-trained, devoted, caring and trustworthy employees.

# **Services Provided Home Health Care**

Wellspring Home Health offers a wide variety of home medical and support care services to meet the unique needs of each individual patient in their homes. All of our programs are coordinated by highly trained, experienced and Registered Nurses/ Therapist whose focus is providing the most appropriate, professional and compassionate care for our patients in a home care setting environment. We work closely with you, your family, your physicians and any other health care professionals on your care team that will make your care at home as comfortable as possible. Our goal is to provide high quality personalized care through appropriate coordination of services with your physician and qualified health team to meet your specific health care needs.

- Skilled Nursing Services
- Certified Nursing Assistance
- Home Health Aides
- Speech Therapy
- Physical Therapy
- Occupational Therapy
- Medical Social Worker



Paying for our Services

Wellspring Home Health Center accepts Medicare, Medicaid, Tri-Care, VA, Private Pay, and most major Private Insurance plans.



#### **Personal Care Services**

Wellspring Personal Care Services provide support to individual activities of daily living (ADL's) such as bathing, dressing, eating, toileting, and eating as well as instrumental activities of daily living (IADL's) such as shopping, running errands, laundry, and light housekeeping, which make living at home much easier for our clients and their families. Our mission is to provide professional and high quality services to clients in their homes by assisting them achieve the highest level of potential in their day-to-day self-care activities. We are committed to providing high quality care by professionals who recognize the need for comprehensive assessment of needs from both the client and professional's point of view.

- Meal Preparation
- Running Errands
- Feeding Assistance
- Grooming/Mobility
- Bowel/Bladder Care
- Bathing/Showering
- House Keeping/Transportation

